



# Laurel Heights United Methodist Church Weekday School

## Monthly Snack Menu Calendar

May	Monday	Tuesday	Wednesday	Thursday	Friday
1-4		<b>A.M.</b> Cereal / Milk / blueberries  <b>P.M.</b> Goldfish / Bell Peppers / Ranch	<b>A.M.</b> Yogurt w / Cereal topping  <b>P.M.</b> Cheese Crackers/ oranges	<b>A.M.</b> Cheese Slices / Crackers  <b>P.M.</b> Triscuits / cream cheese	<b>A.M.</b> Animal Crackers / Milk / Cucumbers/ Ranch  <b>P.M.</b> Cottage Cheese/ crackers/ pineapples
7-11	<b>A.M.</b> Trail Mix / Cheese sticks  <b>P.M.</b> Animal Crackers / peaches	<b>A.M.</b> Cereal / Milk / Bananas  <b>P.M.</b> Cereal bars / Mixed Fruit	<b>A.M.</b> Yogurt w / Cereal topping  <b>P.M.</b> Bread / Pimiento Cheese	<b>A.M.</b> Crackers/Cheese Slices/ Sugar snap peas/ Ranch  <b>P.M.</b> Cookies / frozen Gogurt	<b>A.M.</b> Graham Crackers / Cream Cheese  <b>P.M.</b> Saltines / cheese cubes
14-18	<b>A.M.</b> Wheat thin chips / Guacamole / Milk  <b>P.M.</b> Trail Mix / Apple Sauce	<b>A.M.</b> Cereal / Milk / Strawberries  <b>P.M.</b> Cookies / pineapples	<b>A.M.</b> Yogurt w/ Cereal  <b>P.M.</b> Oyster Crackers / Cauliflower / Ranch	<b>A.M.</b> Bread / Cheese Slices  <b>P.M.</b> Nilla wafers / peaches	<b>A.M.</b> Animal crackers / Gogurt  <b>P.M.</b> Waffles / cream cheese
21-25	<b>A.M.</b> Cheese Quesadillas  <b>P.M.</b> Rice cakes/ broccoli / ranch	<b>A.M.</b> Cereal / Milk / blueberries  <b>P.M.</b> Whales / Bell Peppers / Ranch	<b>A.M.</b> Yogurt w/ Cereal topping  <b>P.M.</b> Teddy Grahams	<b>A.M.</b> Trail Mix / Cheese Cubes  <b>P.M.</b> English Muffins / fruit preserves / pears	<b>A.M.</b> Pancakes w/ fruit spread/ Milk  <b>P.M.</b> Bagels / Cream Cheese