



Laurel Heights United Methodist Church Weekday School

Monthly Snack Menu Calendar

May	Monday	Tuesday	Wednesday	Thursday	Friday
1-4		A.M. Cereal / Milk / blueberries P.M. Goldfish / Bell Peppers / Ranch	A.M. Yogurt w / Cereal topping P.M. Cheese Crackers/ oranges	A.M. Cheese Slices / Crackers P.M. Triscuits / cream cheese	A.M. Animal Crackers / Milk / Cucumbers/ Ranch P.M. Cottage Cheese/ crackers/ pineapples
7-11	A.M. Trail Mix / Cheese sticks P.M. Animal Crackers / peaches	A.M. Cereal / Milk / Bananas P.M. Cereal bars / Mixed Fruit	A.M. Yogurt w / Cereal topping P.M. Bread / Pimiento Cheese	A.M. Crackers/Cheese Slices/ Sugar snap peas/ Ranch P.M. Cookies / frozen Gogurt	A.M. Graham Crackers / Cream Cheese P.M. Saltines / cheese cubes
14-18	A.M. Wheat thin chips / Guacamole / Milk P.M. Trail Mix / Apple Sauce	A.M. Cereal / Milk / Strawberries P.M. Cookies / pineapples	A.M. Yogurt w/ Cereal P.M. Oyster Crackers / Cauliflower / Ranch	A.M. Bread / Cheese Slices P.M. Nilla wafers / peaches	A.M. Animal crackers / Gogurt P.M. Waffles / cream cheese
21-25	A.M. Cheese Quesadillas P.M. Rice cakes/ broccoli / ranch	A.M. Cereal / Milk / blueberries P.M. Whales / Bell Peppers / Ranch	A.M. Yogurt w/ Cereal topping P.M. Teddy Grahams	A.M. Trail Mix / Cheese Cubes P.M. English Muffins / fruit preserves / pears	A.M. Pancakes w/ fruit spread/ Milk P.M. Bagels / Cream Cheese