



# Laurel Heights United Methodist Church Weekday School

## Monthly Snack Menu Calendar

June	Monday	Tuesday	Wednesday	Thursday	Friday
4-8	<b>A.M.</b> Trail Mix / Canned Fruit  <b>P.M.</b> Animal Crackers / Gogurt	<b>A.M.</b> Cereal / Milk / blueberries  <b>P.M.</b> Goldfish / Bell Peppers / Ranch	<b>A.M.</b> Yogurt w / Cereal topping  <b>P.M.</b> Cheese Crackers/ Cuties	<b>A.M.</b> Saltine Crackers / Cheese Slices /  <b>P.M.</b> Bread / Fruit Spread	<b>A.M.</b> Pancakes w/ fruit spread/ Milk  <b>P.M.</b> Cereal bars / fruit Cocktail
11 -15	<b>A.M.</b> Cheese Quesadillas  <b>P.M.</b> Nilla wafers / peaches	<b>A.M.</b> Cereal / Milk / Bananas  <b>P. M.</b> Tomatoes / Crackers / Mozzarella cheese sticks	<b>A.M.</b> Yogurt w / Apple Slices  <b>P.M.</b> Oyster Crackers / Watermelon	<b>A.M.</b> Crackers/Cheese cubes / Sugar snap peas/ Ranch  <b>P.M.</b> Rice Cakes / Cantaloupe	<b>A.M.</b> Waffles / cream cheese  <b>P.M.</b> English Muffins / fruit preserves / pears
18-22	<b>A. M.</b> Veggies Straws / Hummus / Milk  <b>P.M.</b> Bread sticks / Marinara sauce	<b>A.M.</b> Cereal / Milk / Strawberries  <b>P.M.</b> Whales / Bell Peppers / Ranch	<b>A.M.</b> Yogurt w/ Cereal Topping  <b>P.M.</b> Bagels / cream cheese	<b>A.M.</b> Ritz Chips / Refried Beans / Milk  <b>P.M.</b> Teddy Grahams / Cucumbers / Ranch	<b>A.M.</b> Pancakes w/ fruit spread/ Milk  <b>P.M.</b> Turkey Roll up
25-29	<b>A.M.</b> Bread / Cheese Slices  <b>P.M.</b> Graham Crackers / Applesauce	<b>A.M.</b> Cereal / Milk / blueberries  <b>P.M.</b> Cheese Crackers/ Cuties	<b>A.M.</b> Yogurt w/ Cereal topping  <b>P.M.</b> Club Crackers / match stick carrots	<b>A.M.</b> Trail Mix / Cheese Cubes  <b>P.M.</b> Animal Crackers / Gogurt	<b>A.M.</b> Waffles / cream cheese  <b>P.M.</b> Cereal bars / fruit Cocktail