



Laurel Heights United Methodist Church Weekday School

Monthly Snack Menu Calendar

Apr	Monday	Tuesday	Wednesday	Thursday	Friday
1-5	A.M. Yogurt w / Cereal Topping / cantaloupe P.M. Oyster Crackers / Cheese cubes	A.M. Cheese Quesadillas / Tomatoes P.M. Nilla Wafers / Gogurt	A.M. Cereal / Milk / blueberries P.M. Goldfish / Bell Peppers / Ranch	A.M. Waffles / cream cheese/ peaches P.M. Cookies/ Apples	A.M. Saltines Crackers / Cheese Slices / cucumbers P.M. Cereal bars / canned fruit
8-12	A.M. Yogurt w / Cereal Topping / honey dew P.M. Cheese Crackers / Pineapples	A.M. Tasty Tues day Each individual class will cook with children P.M. Animal Crackers / Gogurt	A.M. Cereal / Milk / Strawberries P.M. Teddy Grahams / canned fruit	A.M. Pancakes w/ fruit spread/ Milk/ P.M. Graham Crackers / Applesauce	A.M. Ritz Crackers / cheese slices / cucumbers P.M. Rice Cakes / canned fruit
15-19	A.M. Yogurt w / Cereal topping/ raspberries P.M. Oyster Crackers / Cheese cubes	A.M. Cheese Quesadillas / Tomatoes P.M. Animal Crackers / Gogurt	A.M. Cereal / Milk / Bananas P.M. Goldfish / Bell Peppers / Ranch	A.M. Waffles w/ redi whip & sprinkles P.M. Apples / Cheese cubes	Holiday
22-26	A.M. Yogurt w / Cereal Topping / cantaloupe P.M. Cheese Crackers / Pineapples	A.M. Veggies Straws /carrots / Hummus / milk P.M. Animal Crackers / Gogurt	A.M. Cereal / Milk / \ blueberries P.M. Teddy Grahams / canned fruit	A.M. Veggies straws w/ guacamole / cheese sticks P.M. Graham Crackers / Applesauce	Holiday
29-30	A.M. Yogurt w / Cereal Topping / honey dew P.M. Oyster Crackers / Cheese cubes	A.M. Cheese Quesadillas / Tomatoes P.M. Nilla Wafers / Gogurt			